



Volunteering

What volunteering roles are available?



We have three volunteering roles available with Equal Futures.

- Volunteer Befriender
- Community Event Volunteer
- Volunteer Professional



Volunteer Befriender

Befrienders help a person we support build their confidence and participate in social activities within their community. This may include going for walks, participating in clubs or classes together, or attending Equal Future's monthly social events.



Befrienders can also attend the circle meetings and meet one-on-one with the person we support weekly or fortnightly.



Equal Futures will be there for you throughout your volunteering.



Community Event Volunteer

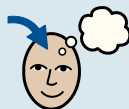


Community Event Volunteers help us plan and facilitate our regular social events for people we support and their families in Glasgow, Edinburgh, Lothians and Ayrshire.

Social events can have a theme or activity like arts and crafts or fitness. They can also be a day out to a museum, a pleasant stroll or a picnic in the park and volunteers join in with the people we support. This helps to build the confidence and skills of people we support in social situations. Events are scheduled, but volunteers can attend a selection of the dates if their schedule doesn't allow for full commitment to the social events.



Volunteer Professionals



Volunteer Professionals use their expertise and knowledge to help a person we support and their family navigate through a challenging time or a period of transition.

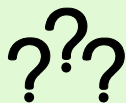


The volunteer will meet with the family, providing advice and answering questions. For example, a retired teacher might help a young person who is transitioning from school to college.

Volunteer Professionals will be added to a bank of volunteers and called upon to support families on a short-term basis. Equal Futures supports you throughout your volunteering.



Questions? Contact us!



If you would like to receive a copy of our Volunteer Application Guide, or would just like to have an informal chat, please email us at info@equalfutures.org.uk